# **Eleanor Roosevelt November 2020 Bulletin**

From the Nurse: 5 tips to get kids used to masks: Starting to wear a mask can be scary for kids. Here are a few ideas to help them feel more comfortable "masking up." EXPLAIN IT: Keep it simple to avoid scaring them. Tell them "Your mask helps protect me, and my mask helps protect you." GIVE THEM CHOICE: Allow kids to select the style, fabric and color they like. Decorating is fine as long as it doesn't damage the mask. HAVE THEM PRACTICE: Practice putting the mask on and taking it off. Wear it at home for short periods of time. Some children adapt quickly, while others might need more practice. Setting goals and offering rewards for good habits can help. BE A ROLE MODEL: Wear a mask yourself and talk about how important it is whenever you put it on. MAKE MASKS FUN: Help kids create masks for stuffed animals and other toys and incorporate them into play. AND REMEMBER... When it comes to masks, sharing is not caring. Tell kids to keep masks to themselves. Cloth masks should be washed after each use. Masks are only for kids over age two. Have kids wash their hands with you before putting on or taking off a mask. Be sure it covers the nose and mouth and is secured under the chin. Make sure the wearer can breathe easily and if breathing becomes hard, the mask should be easy to remove. Information from the Centers for Disease Control and Prevention (CDC).

Attendance: Attendance matters during remote learning! Students are in attendance when they make contact with a teacher or access Canvas within 24 hours on school days. If there is no contact or access, it will be counted as an absence and you will receive a phone call, email and text message. If your child performs one of these actions and an attendance message is sent in error, please let us know. Messages will be sent around 4:45 p.m. for the previous school day and on Mondays if a student does not participate on the previous Friday. Absences can be excused by notifying the school within three days. To excuse an absence, you can call the school's attendance line (360-313-1432), reply to the email or enter the absence in your Family Access account.

**Coffee & Conversation:** Nov. 3rd from 3:00-4:00pm. A virtual conversation with Roosevelt staff about topics important to Roosevelt parents. We are looking forward to meeting together online to share and listen. Spanish translation available. Join Zoom Meeting:

https://vansd.zoom.us/j/86226286669?pwd=aU4wTStwVIBQY1pKaGhiNzM2ZXBRdz09 Please check your email for access information.

**Tech Support:** Visit: https://sites.google.com/vansd.net/parent-resources/home Email: student.support@vansd.org Call: 360-313-5400 8 am - 4 pm Monday-Friday \*\*Phone messages and emails can be written in parent's home language. \*\*

**Kindergarten and New Student Registration:** If you have not already, please register as soon as possible. Kindergarten students must turn 5 before August 31, 2020. We currently have openings in our Kindergarten Dual Language Spanish class, please call or drop by for more information. New student registration is available online at vansd.org or you may pick up forms in the office. Please contact us if you have questions or need assistance.

**Roosevelt Social Emotional Supports:** Check out this site compiled and updated by our Positive Behavior Support Coaches, Counselor and Family Resource Coordinator for great social emotional resources for parents. Let us know what you think of the site and what you would like to see added. https://sites.google.com/vansd.net/social-emotional-learning-supp/home

**Grow and Learn:** 1-2-3 Grow and Learn Virtual Classes started Sept 14 at 10 am. 1-2-3 Grow & Learn Groups are drop-in programs for families with children from birth to 5 years old. Check out information about the program and register for virtual playgroups at the ESD website. <u>https://www.esd112.org/ece/1-2-3-grow-and-learn/</u>

**Family Community Resource Center:** Here to help connect and coordinate access to services: food, school supplies, clothing, housing. Stop in, call or email to connect. Elizabeth Tiegs, Family Resource Coordinator elizabeth.tiegs@vansd.org | 360.313.2623 Vancouver Community Resources: vansd.org/fcrc. **Elizabeth is available for drop in support during Grab & Go Meals.** 



#### **Upcoming Dates:**

Grab & Go Meals: Offered M-F 11 am - 12:30 pm for students 18 and under. No pin number needed until after Dec. 31.

### Coffee & Conversation:

Nov. 3rd 3:00-4:00 via Zoom. Dec. 1st 3:00-3:45 via Zoom.

#### **Picture Day:**

Tuesday 11/17 from 2 - 7 pm and Thursday 11/19 from 9 am - 2 pm

#### No School:

Nov. 11 for Veterans Day Nov. 25-27 for Thanksgiving Break Dec. 21 - Jan. 1 for Winter Break (School resumes Jan. 4)

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#### From the Library: Library Check Out Continues!

#### How does it work?

Fill out this form by Thursday: <u>https://forms.gle/qYNNF8A17n4kP5Uj6</u> The following week on Tuesday or Wednesday stop by Roosevelt during lunch pick up (just beyond the lunch pick up area, so it doesn't interfere with grab-n-go lunch) to get your book(s).

#### How many books can I have?

Kids in K-1st grade can have one book. Kids in 2nd-5th grade can have two books.

#### What if I have an overdue from last year?

If 1st graders didn't turn in their book from Kindergarten, they can still check out a new book. Kids in 2nd-5th grades can still check out, but only one book. You will get an overdue notice from the Library via email. You are invited to return the overdue book(s) on Tuesday or Wednesday.

#### What about going forward?

To continue checking out, the most recent book needs to be returned to get a new one. When do I return my books? Please return your book(s) on Tuesday or Wednesday during book pick up! We'll have a bin to quarantine the books before returning them to circulation.

#### What if I have more questions?

6 pm.

Contact Ms. Yokers: jordi.yokers@vansd.org

### **Preschool Parent Training Series:**

Join us for preschool focused parent webinars: 11/2/2020 Visuals & Communication Support 5-6 pm11/9/2020 Structures & Routines 5-6 pm11/16/2020 Regulation and Break Routines 5-

Register to attend online! Even if you can't attend the live webinar, if you register you will be emailed the recording. Register in advance for this meeting:

https://vansd.zoom.us/meeting/register/tZ0pcOG qrzstH9fJUUn4Oy0NPdPkt1R\_gyAi

After registering, you will receive a confirmation email containing information about joining the meeting.

### **TECH SUPPORT STATIONS**

(Close to Roosevelt)

Any family or student can go to any VPS school to get in-person assistance from a support specialist at a technology support station.

	Monday	Tuesday	Wednesday	Thursday	Friday
Roosevelt	8:00 - 3:30		8:00 - 3:30		8:00 - 2:30
Flex Academy		9:00 - noon 1:00 - 4:00		9:00 - noon 1:00 - 4:00	
Fort Vancouver	7:00 – 10:00 11:00 – 2:00		7:00 – 10:00 11:00 – 2:00		
Washington		8:00 - 11:00 noon - 3:00		8:00 - 11:00 noon - 3:00	
Ogden		8:00 - 11:00 noon - 3:00			8:00 - 11:00 noon - 3:00

Roosevelt Elementary | 2921 Falk Road 98661 Flex Academy | 2901 General Anderson Ave 98661 Fort Vancouver High School | 5700 E 18th St 98661 Washington Elementary | 2908 S St 98663 Ogden Elementary | 3200 NE 86th Ave 98662

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